

Tini Yogini's



12 WEEK SESSION/\$180.00

Beginning: Tuesday, March 9th - 1:00pm-1:45pm

Tini Yogini's -This class for toddlers ages 3 - 5yrs can help your child have:

- Fewer Tantrums
- Better and longer sleep
- Increased motor coordination
- Improved listening and ability to follow directions
- Better self-expression
- Higher self-esteem
- Easier relaxation

A healthy and fit lifestyle

If you've been looking for a fun and loving way to help your children learn and improve their development, look no further than YHC'S TINI YOGINI'S for Toddlers and Preschoolers.

*** THIS CLASS REQUIRES PRE-REGISTRATION ***
908-322-0003 Yoga and Healing Center
1744 East 2nd Street, Scotch Plains, NJ 07076